

Annual Report 2011-12

NEIAH, Shillong



North Eastern Institute of Ayurveda & Homoeopathy (NEIAH)

(An Autonomous Institute under the Department of AYUSH)

Ministry of Health and Family Welfare, Government of India, New Delhi

Mawdiangdiang, Shillong, Meghalaya-793018

PREFACE

I feel it is a great opportunity and pride to bring out a premier institution of national importance like “North Eastern Institute of Ayurveda & Homoeopathy” (NEIAH), Shillong, which is going to play a very significant role in the service of common people, particularly the weaker section of the society once it starts functioning. It is developing in the North Eastern part of the Country at Shillong, Meghalaya, which is known as the Scotland of the East due to its scenic beauty. The state of Meghalaya is also known for its richness in flora and fauna, indigenous culture, biodiversity and eco-tourism amongst domestic and foreign tourist.



The institute will be a unique one which will be an independent and collocated adjoining to North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS) with multi-specialty education and health care facilities through Ayurveda & Homoeopathy under one platform. Moreover, it is designed to facilitate the promotion of Ayurveda and Homoeopathy, the expansion of health care facilities, improvement in the doctor-population ratio and R&D on bio-resources in the North East. Apart from that, the institution will be of national standard and a center of excellence in the 21st Century in education for under graduation, post graduation, post doctorate along with research for aspiring candidates of India and abroad. The institute also provide specialty medical care and cure for the cureless patients of the North Eastern States through Ayurveda and Homoeopathy and will serve as a referral center for Ayurveda & Homoeopathy patients for the people of entire North Eastern Region. On completion it will help in capacity building and skill development among Ayurveda and Homoeopathy practitioners and established the institute as a Centre of Excellence in pharmacognosy and pharmacological research related to the field in Ayurveda and Homeopathy. Moreover, it will do collaborative and exchange of programmes with other institutes of the country and aboard for development of Ayurvedic and Homeopathic systems

of medicine and generate public awareness about the potential of Ayurvedic and Homoeopathic systems of medicine for enhancing health security of rural communities including disease prevention and health promotion.

During the year the institute successfully organized four health & awareness camps along with free medicine distribution in the East Khasi Hill District of Meghalaya to promote and popularize the Indian System of Medicine & Homoeopathy one national seminar on the value of “Rasayana Drugs along with single Drugs therapy as an immunomodulator” in addition to various health camp in different parts of Meghalaya. The institute is smoothly running a city OPD Centre (Ayurveda & Homoeopathy) at Nongrim Hills, Shillong. Besides, we are in touch with neighboring countries and likeminded international organization for collaborative research.

It is my sincere hope and believes that the students and officials of North Eastern Institute of Ayurveda & Homoeopathy, Shillong will bring pride and glory to the Institute and the country in future and will cater the need of health care facilities to the needy people under Ayurveda & Homoeopathy system of medicines.

Prof. (Dr.) S. P. Bhattacharjee
Director, NEIAH
Shillong, Meghalaya

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OVERVIEW

The North Eastern Institute of Ayurveda & Homoeopathy (NEIAH), Shillong, Meghalaya is an autonomous Institute under the Department of AYUSH, Ministry of Health and Family Welfare, Government of India and it is developing adjoining to North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS) at Mawdiangdiang, Shillong, Meghalaya. The institute came into light by the approval of Union Cabinet at an initial project cost of Rs. 67.51 Cores (Revised 71.81) and the project started with the appointment of Director, Prof(Dr.) S. P. Bhattacharjee in June' 2010.

The institute once come out will be a unique one and be operated independently by the management of the institute and collocated beside NEIGRIHMS with multi-specialty, where education and health care facilities through Ayurveda & Homoeopathy will provide in one platform. Moreover, it is designed to facilitate the promotion of Ayurveda and Homoeopathy system of medicines, expansion of health care facilities and to bring improvement in doctor-population ratio and R&D on bio-resources in the entire North East.

The permanent site of NEIAH is developing at Mawdiangding, Shillong, Meghalaya and at present the institute is running an OPD city center at Nongrim hills, Shillong and providing health care services to the general masses of Shillong and adjacent areas with Ayurvedic and Homoeopathic mode of treatment.

The institute is actually functioning for last few years and came to public only on 12th August, 2009 by opening an OPD centre at NEIGRIHMS complex. The city OPD centre came into existence only on 4th November, 2010 after appointment of a team of medical officers. There was one more OPD centre which was established at RGIIM, Shillong by signing a MoU by both the Director of the Institution on 18th January, 2011. However, due to some unavoidable circumstances both the OPD centre at NEIGRIHMS and RGIIM have been closed.

In addition to providing health care services to the needy people the institute will function as an institution of international standard and a center of excellence in education and research for under graduation, post-graduation, post-doctorate for aspiring candidates of India and abroad and to undergo education and research in Ayurveda and Homoeopathy on its completion. Moreover, it will provide specialty medical care to the people of North Eastern States under Ayurveda and Homoeopathy system of medicines, capacity building and develop skills among Ayurveda and Homoeopathy practitioners, and will be established as a Centre of Excellence in pharmacognosy and pharmacological research related in the field of Ayurveda and Homoeopathy once it started functioning. The institute will be known as a referral center for Ayurvedic & Homoeopathic system of medicines for the people of entire North East, and to do collaborative and exchange programmes with other institutes of the country and abroad for development of Homeopathic and Ayurvedic systems of medicines and to generate public awareness about the potential of Ayurveda and Homoeopathy system of medicine for enhancing health security of rural communities including disease prevention and health promotion.

ADMINISTRATIVE REPORT

The permanent site of the institute is developing at Mawdiangdiang, Shillong-18 and presently it is running in a rented building at Nongrim Hills, Shillong-3.

1. Staff pattern and staff in position

i. Sanction Post

	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	Whether SC/ST/OBC	Remarks
1	Director	01	Prof. (Dr) S. P. Bhattacharjee	M	General	
2	Administrative Officer	01	Shri Tapan Chakraborty	M	General	

ii. Post on contractual

Sl No.	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	Whether SC/ST/OBC	Remarks
01	Medical Officer (Ayurveda)	02	Dr. Manashjyoti Sarma	M	General	
			Dr. Bishnu Choudhury	M	General	
02	Medical Officer (Homoeo)	02	Dr. Darilin Suchiang	F	ST	
			Dr. Fairline Rynghlem	F	ST	
03	Pharmacist (Ayurveda)	01	Shri Suresh Chandra Deka	M	General	
04	Pharmacist (Homoeo)	01	Shri Ankur Ranjan Saikia	M	OBC	
05	Consultant (Admin. & Acctt.)	01	Shri M K Razdan	M	General	

iii. Outsourcing Staff

SI No.	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	Whether SC/ST/OBC	Remarks
01	Accountant	01	Shri J. Lyngdoh	M	ST	
02	Stenographer	01	Shri Ananding Marbaniang	M	ST	
03	Attendant	02	Miss. Barisha Lyndem Shri Paban Sarma	F M	ST General	
04	DEO	01	Shri Badonmon Rapmai	M	ST	
05	Multipurpose Worker	01	Shri Joshua Blah	M	ST	
06	Cleaner	02	Miss. Babina Kharmujai Miss. Banisha Mawlong	F F	ST ST	

iv. Post under process of recruitment

SI No	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	No. of Vacant Post	Whether SC/ST/OBC	Remarks
01	P.S. to the Director	01	Vacant		01		
02	Accountant	01	Vacant		01		

2. **Brief report of infrastructure of the institute:** The North Eastern Institute of Ayurveda and Homoeopathy (NEIAH) is developing at Mawdiangdiang, Shillong-18, Meghalaya with an initial project cost of Rs. 71.81 crore and the construction of office, hospital as well as teaching blocks are under progress now. However the institute is running an office cum city OPD center at Nongrim Hills, Shillong-3 in a rented building with an area of **5810 sq. fts.** (approx) and providing health care services to the needy people.

- i. Staff working : 17
- ii. Building own or rented : Rented

Progress of Construction works of NEIAH Campus at Mawdiangdiang, Shillong

- About 20% work has been completed physically.
- A total amount of Rs.21 Crore has been paid out of Rs.71.81 Cores to Consultants HSCC (I) so far.
- A Sub Committee comprising Sh. P. K. Jha, Director AYUSH, New Delhi and Sh. Otem Dai, IAS, Director NEIFM Passighat, Arunachal Visited the project site on dated 16th March'2012 to assess the progress of work and discussed means to enhance the progress of work.
- First phase (Two College buildings, Two Hospital buildings & one Administrative cum Library building was scheduled to be completed by September 2012.
- The project is lagging by about 8 months.

3. **Resources generated during the year from OPD registration:** Rs. 37,755.00 (Rupees Thirty Seven Thousand Seven Hundred Fifty Five) only.

4. Details budgetary provision to the institute for the year 2011-2012

Scheme	Budget Estimates (BE) 2010-2011	Fund Received	Actual expenditure
20031-Grant-in-aid (General)	Rs. 200 lakhs	Rs. 75 lakhs	Rs. 114 lakhs
20035-Grant for creation of capital assets	Rs. 1700 Lakhs	Rs. 1580 lakhs	Rs. 1500 lakhs

TECHNICAL REPORT

1. Paper Presentation as a Resource Person:

Sl. No.	Name	Name of the Seminar/ CME	Title of the Paper	National/ International	Date
01	Dr. Manashjyoti Sarma	Re-orientation programme for AYUSH Doctors	Basic of Pharmacovigilance	National	23-02-2012 to 24-02-2012
02	Prof.(Dr.) S.P. Bhattacharjee	Value of "Rasayana Drugs along with single Drug Therapy as an Immunomodulator"	Rasayana Therapy in Ayurveda w.s.r. to Bramhi, Guduchi & Shatavari	National	20-03-2012 to 21-03-2012

2. Seminar/ Conference/ Workshop organized by the institute -

SI No.	Title of the Seminar/Conference/Workshop	National/ International	Date
01	Value of "Rasayana Drugs along with single Drug Therapy as an Immunomodulator"	National	20-03-2012 to 21-03-2012

3. Seminar/ Conference/ Workshop/ Training Programme participated by Officers

SI No.	Name of the Participant	Name of the Semina / Conference/ Workshop/ Training Progrmme	National/ International	Date
01	Dr. Darilin Suchiang, MO (Hom)	Mother and Child Health Programme, Jowai, Meghalaya	National	03-06-2011
02	Br. Bishnu Choudhury, MO (Ayu) Dr. Faireline Rynghlem, MO (Hom)	Re-orientation programme of AYUSH doctors held at DHS, Health Complex, Laitumukhrah, Shillong, Meghalaya	National	23-02-2012
03	Dr. Darilin Suchiang, MO (Hom)	Re-orientation programme of AYUSH doctors held at DHS, Health Complex, Laitumukhrah, Shillong	National	24-02-2012

4. Organizing Health & Awareness Camp/ Mela/ Arogya/ Exhibition/ Others:

SI No.	Name of Health & Awareness Camp/ Mela/ Arogya/ Exhibition/ Others	Organizer	Date & Place	Activities	Remarks
01	Health & Awareness Camp	NEIAH	30-04-2011 at Vill - Nongmysong, District East Khasi Hills, Meghalaya	213 Patients are treated & delivered free medicine	
02	Health & Awareness Camp	NEIAH	13-08-2012 at Vill - Madan Makhar, PO - Maurtawar, District East Khasi Hills, Meghalaya - 793022	127 Patients are treated & delivered free medicine	
03	Health & Awareness Camp	Kynshewlang S.H.G (NGO) & NEIAH	20-08-2012 at Vill - Lower Mawprem, PO - lewduhr, District East Khasi Hills, Meghalaya - 793002	172 Patients are treated & delivered free medicine	
04	Health & Awareness Camp	NEIAH	30-10-2012 at Vill - HQ CE (P), Setuk, NEIGRIHMS Road, Mawdiangdiang, Shillong , Meghalaya	70 Patients are treated & delivered free medicine	

Institution Achievement Report

- The permanent site of the North Eastern Institute of Ayurveda and Homoeopathy (NEIAH) is developing at Mawdiangdiang, Shillong-18, Meghalaya and about 20% work has been completed physically.
- At present the institute is running one OPD City Center (both Ayurveda & Homeopathy) measuring approx. 5810 Sq.ft at Nongrim Hills, Shillong and providing health care service to the general masses.
- During April 2011 – March 2012, there were **8538** patients with an average of **60 – 70** patients per day was treated and free medicine distributed in NEIAH OPD City Centre.
- NEIAH has successfully celebrated the 1st Foundation Day on 2nd June, 2011 at Old Guest House Auditorium, North Eastern Hills University (NEHU). The Chief Guest of the day was His Excellency Governor of Meghalaya, Shri Ranjit Shekhar Mooshahary. The Guests of Honour were Hon'ble Deputy Chief Minister of Meghalaya, Shri Rowell Lyngdoh and Vice- Chancellor of NEHU, Shillong Prof. A.N.Rai.
- The official Website of NEIAH, Shillong is launched as **www.neiah.nic.in**
- The institute has published Annual magazine entitled "AYUHOM" and two issues of NEIAH's NEWS LETTER.
- NEIAH is providing CGHS facilities of Ayurveda and Homoeopathy treatment to Central Government Employees in collaboration with CGHS Wellness Centre.
- NEIAH has organized four health camp in the East Khasi Hill District of Meghalaya i.e. Nongmynsong, Madan Mawkhar, Lower Mawprem & HQ CE (P) Setuk to promote and popularize the Indian System of Medicine & Homoeopathy.
- The institute successfully celebrated Hindi day on 22nd September' 2011 at OPD City Centre, NEIAH. In this connection the institute organized various events like Debate competition, Hindi speech competition, Extempore speech competition etc. and all staff members of NEIAH participated in the event with enthusiasm.

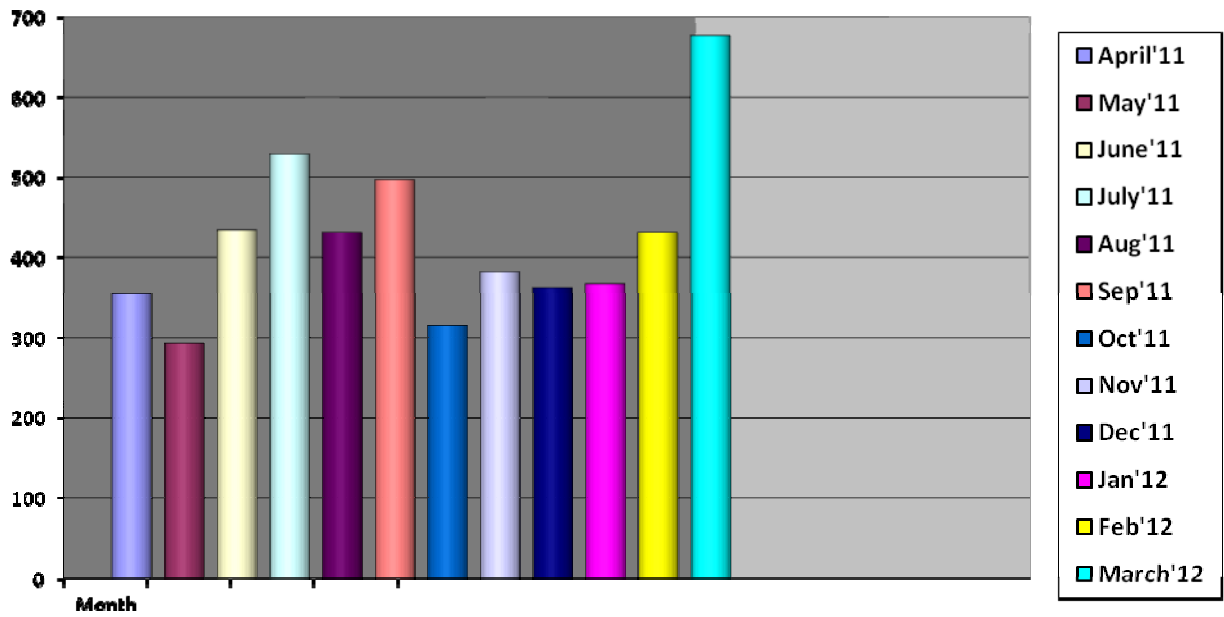
- The institute developed a Pharmacovigilance center for the benefit of the Ayurvedic physician as well as for the patients.
- Developed a multicolor Brochure of NEIAH, Shillong with the present status and future programme projection of NEIAH, Shillong for publicity.
- Meeting with the Head Man of Darbar Halls of Shillong was held for their coordination and cooperation for the smooth functioning of the City OPD Centre, moreover, to sensitize and create awareness regarding the potentials of Ayurveda & Homoeopathy in their respective localities.
- Distribution of Pamphlet on Ayurveda & Homoeopathy is done on regular basis among the general masses of Shillong and adjacent areas to avail free consultation and medicine from the City OPD Centre at Nongrim Hills.
- The NEIAH, Shillong has successfully organized a National Seminar on 20th & 21st March, 2012 on “Value of Rasayana drugs along with single drugs therapy as an Immunomodulator effect”. The Seminar was e sponsored by National Medical Plant Board, Department of AYUSH, Ministry of Health & Family Welfare, Govt. of India. The Chief Guest of Inaugural function of the seminar was Honourable Member of North Eastern Council, Shillong, Shri P. P. Shrivastav. The Guests of Honour were Superintend of NEIGRIHMS, Dr. P. Bhattachajya and Head of the Department of Anesthesia, NEIGRIHMS, Shillong Dr. A. Phukan. **96 participants** from different parts of India attended the Seminar. Lectures were delivered and presentations made by Able Resource Persons drawn from various concerned areas of specialization from Delhi, Kolkata, Guwahati and Institutes of Meghalaya. The Seminar was fruitful and all the participants were greatly benefited.

HOSPITAL STATUS

Statement of Patients attended Ayurvedic City Centre OPD during the reporting year 2011-12:

Sl. No	Month	Number of Patients attended												Total	Prevalent Disease
		New Patients						Old Patients							
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F		
1	April' 11	50	70	6	10	56	80	85	94	14	20	105	114	0355	Tvakaroga, Grahani, Amlapitta, Vatavyadhi, Prameha, Ajeerna
2	May' 11	53	54	6	6	59	60	70	82	12	10	82	92	0293	Amlapitta, Tvakaroga, Sandhi vata., Atisar
3	June' 11	52	81	12	9	64	90	85	94	14	20	145	135	0434	Kasha, Amlapitta, Kas, Katishula, Vatavyadhi.
4	July' 11	88	85	10	11	98	96	158	150	14	13	172	163	0529	Amlapitta, Kasha, Katishul, Tvakaroga, Uccharaktachap
5	August'11	68	65	7	9	75	74	140	124	10	8	150	132	0431	Amlapitta, Tvakaroga, Kash, Katishul, Ajeerna
6	September' 11	78	75	15	13	93	88	149	139	16	12	165	151	0497	Amlapitta, Tvakaroga, Kash, Katishul, Ajeerna
7	October' 11	55	50	5	6	60	56	90	84	10	7	108	91	0315	Tvakaroga, Grahani, Amlapitta, Vatavyadhi
8	November' 11	70	65	10	10	80	75	95	94	18	20	113	114	0382	Amlapitta, Kasha, Katishul, Tvakaroga, Prameha, Ajeerna
9	December' 11	60	65	10	10	70	75	95	94	13	15	108	109	0362	Vatavyadhi, Prameha, Uccharaktachap, Kasa, Kosthabaddhata,
10	January' 12	64	66	8	10	74	76	98	97	10	12	108	109	0367	Vatavyadhi, Swasa, Kosthabaddhata, Kasa
11	February' 12	65	68	8	8	73	74	130	134	10	10	140	144	0431	Vatavyadhi, Prameha, Uccharaktachap, Kasa, Kosthabaddhata,
12	March'12	128	115	18	16	146	131	188	180	20	12	208	192	0677	Tvakaroga, Grahani, Amlapitta, Vatavyadhi
Grand Total													5073		

Diagrammatic Statement of Patients attended Ayurvedic City Centre OPD during 2011-2012

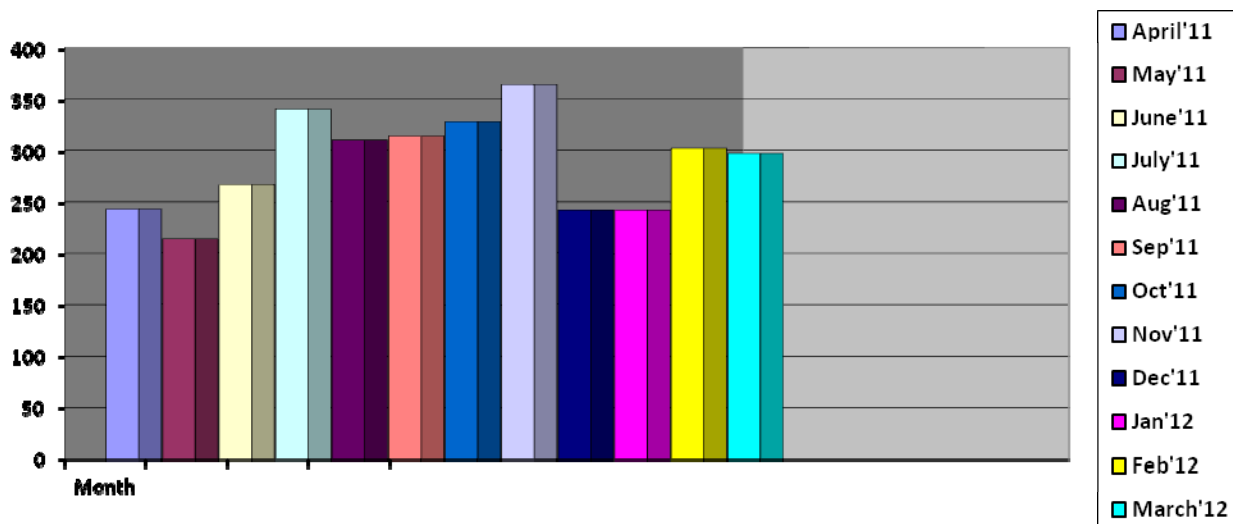


Statement of Patients attended Homoeopathic City Centre OPD during 2011-12

Sl. No	Month	Number of Patients attended												Grand Total	Prevalent Disease
		New Patients						Old Patients							
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F		
1	April' 11	46	73	23	22	69	95	20	34	11	16	31	50	245	GI diseases, Pediatric diseases, Respiratory diseases, Dermatological diseases, Male & female reproductive diseases, Nutritional diseases, Urinary diseases.
2	May' 11	18	64	22	17	40	81	30	90	23	17	53	107	281	Dermatological diseases, Male & female reproductive diseases, GI diseases, Pediatric diseases, Respiratory diseases, Urinary diseases.
3	June' 11	24	48	14	19	38	67	36	79	17	25	53	104	262	GI diseases, Pediatric diseases, Respiratory diseases, Dermatological diseases, Male & female reproductive diseases, Nutritional diseases, Urinary diseases.
4	July' 11	32	69	22	39	54	108	32	86	32	43	64	129	355	ENT diseases, GI diseases, Pediatric diseases, Musculoskeletal diseases, Respiratory diseases, Dermatological diseases, Male & female reproductive diseases, Nutritional diseases, Urinary diseases.
5	August'11	36	53	20	42	56	95	35	82	15	32	50	114	315	Dermatological diseases, Male & female reproductive diseases, GI diseases, Pediatric diseases, Respiratory diseases, Urinary diseases.
6	September' 11	17	45	18	24	35	69	43	88	32	45	75	133	312	GI diseases, Pediatric diseases, Respiratory diseases, Dermatological diseases, Male & female reproductive diseases, Nutritional diseases, Urinary diseases.
7	October' 11	19	36	9	29	28	65	43	98	25	49	68	147	308	Dermatological diseases, Male & female reproductive diseases, GI diseases, Pediatric diseases, Respiratory diseases, Urinary diseases.
8	November' 11	13	29	20	49	33	78	58	117	18	58	76	175	362	GI diseases, Pediatric diseases, Respiratory diseases, Dermatological diseases, Male & female reproductive diseases,

															Nutritional diseases, Urinary diseases.
9	December' 11	14	30	7	21	21	51	51	80	9	24	60	104	236	ENT diseases, GI diseases, Pediatric diseases, Musculoskeletal diseases, Respiratory diseases, Dermatological diseases, Male& female reproductive diseases, Nutritional diseases, Urinary diseases.
10	January' 12	14	37	5	10	19	47	22	104	12	27	34	131	231	Dermatological diseases, Male& female reproductive diseases, GI diseases, Pediatric diseases, Respiratory diseases, Urinary diseases.
11	February' 12	17	38	13	27	30	65	26	128	20	31	46	159	300	GI diseases, Pediatric diseases, Respiratory diseases, Dermatological diseases, Male& female reproductive diseases, Nutritional diseases, Urinary diseases.
12	March'12	21	50	16	22	37	72	38	93	28	31	66	124	299	Dermatological diseases, Male& female reproductive diseases, GI diseases, Pediatric diseases, Respiratory diseases, Urinary diseases.

Diagrammatic Statement of Patients attended Homoeo City Centre OPD during 2011-2012



SUMMARY OPD STATEMENT OF NEIAH, SHILLONG

Month	City center OPD, NEIAH			NEIGRIHMS's OPD, NEIAH			RGIIM OPD, NEIAH		
	Ayurvedic	Homoeo	Total	Ayurvedic	Homoeo	Total	Ayurvedic	Homoeo	Total
April,11	0355	0243	0598	0101		0101	0022	0020	0042
May,11	0293	0214	0507	0094		0094	0025	0022	0047
June,11	0434	0267	0701	0110		0110	0030	0031	0061
July,11	0529	0340	0869	0099		0099	0026	0023	0049
Aug,11	0431	0310	0741	0094		0094	0025	0028	0053
Sept,11	0497	0314	0811	0162		0162	0031	0020	0051
Oct,11	0315	0328	0643	0072		0072	0023	0021	0044
Nov,11	0382	0364	0746	0008		0008	-----	-----	-----
Dec,11	0362	0242	0604	-----		-----	-----	-----	-----
Jan, 12	0367	0242	0609	-----		-----	-----	-----	-----
Feb'12	0431	0302	0337						
March'12	0677	0297	0974						
Total	5073	3465	8538	0740	-----	0740	0182	0165	0347

N.B.:

1) RGIIM's OPD was being run for 2 days in a week (1day- Ayurvedic & 1day-Homoeopathic).

2) Homoeopathic OPD of NEIGRIHMS was running under CRUT, Dhankheti, Shillong.

There is no data about patients attended to etc with us as the same was not provided by them.

3) NEIGRIHMS's OPD & RGIIM's OPD have been closed with effect from 2nd November, 2011 as per direction of the Department of AYUSH.

PHARMACO VIGILANCE REPORT

The NEIAH's pharmacovigilance center was established at OPD City Center after successfully completing a one day CME programme on Pharmacovigilance of Ayurvedic Drugs on 29th October'2010 and three pharmacovigilance cases are reported by this center.

Sl. No	Name of Medicine	Manufacturer/ Batch No.	Mfg. date/ Expiry date	Daily dose	Dosage form & route of administration	Starting date	Stopping date	Reason for use	Regd. No. of patient	Age/ Sex	Name of Physician	Remarks
1	Mahasankha vati	IMPCL AVG-09	Sep'2010/ 5yrs from Mfg.	2tabs	1tab bd by oral route	19/02/11	20/02/11	Amlapitta with Pinas	City Center 0370	30yr male	Dr. S.P. Bhattacharjee	
2	Arogyavar dhini Gutika	IMPCL AVG2 3	Aug'2010/ 5yrs from Mfg.	4 tabs	2tabs bd by oral route	28/02/11	02/03/11	Amlapitta with Kosthaba ddhata	City Center 0421	22yr male	Dr. Manashjyoti Sarma	
3	Mahasankha vati	IMPCL 554		3tabs	1tab tid by oral route	01/03/11	07/03/11	Amlapitta	NEIGRI HMS 031	35yr male	Dr. Debabrata Das	

OTHER ACTIVITIES

1. Detail of Health Camp/ Mela

A. Nongmynsong Health Camp: The health check up was held at Nongmynsong locality on 30th.April.2011 and is located about 4-5 K.m away from the Institute City Centre OPD. The total population of the village is approx. 4000 Nos. and the people who settle there are Khasi, Jaintia, War, Garo, Nepali, Bengali, Bihari and the most spoken language is Khasi, Hindi, and English. The occupations of the localites are mainly businessman, service both in Government and Private sector. There are 5 Private Schools and 2 Government Schools. The people get their health check up from Rynjah PHC. Their houses are cemented with Tin Roof. The socio-economic and sanitary condition is good. Sources of drinking water are PHE. The villagers are almost non-vegetarian and their stable diets are rice, meat and vegetables.

The Health Camp starts at 10.00 am in the morning with a word of welcome from the headman and the co-organizer NGO's PPP and there by health check up started. The people like to use herbal medicines and our institute provides free consultation, medicines and distribution of leaflets among the gathering peoples. The total no. of patients were treated on that camp were 213.

B. Madan Mawkhar Health Camp: The health check up has held at Madan Mawkhar which is about 10-12 km away from our institute. The total population is about 324 approx. The people who settled there are scheduled tribe community and mostly khasi. The main occupation is daily laborers & farmers. The house construction is mainly tin roof and tin wall. There is one Lower Primary & Upper Primary School. There are 48 house present in the village. The road is muddy & not constructed. The main staple diet is rice, meat (pork & beef), fish, vegetables etc. They mostly cultivate Rice and Ginger. Their main service of drinking water is spring water. Their sanitary & hygiene condition is poor. The socio-economic condition is poor. The PHC is located at Mawsiatkham about 6 km onwards. The camp was started from 8 am

with a word of welcome from the headman of that locality & a word of information by the doctor about Health Education and about treatment provided at NEIAH . Thereafter health check up was started. The camp was supposed to end up at 2pm but due to good response of the people & increased number of patients, the camp ended by 5 pm. The response was good towards both Ayurvedic & Homoeopathic treatment & maximum number of patient was female & children. The total 127 patients were treated on that camp.

C. Lower Mawprem Health Camp: The health check up was organized by Kynshewlang S.H.G (N.G.O) along with NEIAH which was held at Lower Mawprem on 20th.August.2011 and is located about 4 K.m away from the Institute City Centre OPD. The total population of the village is approx. 7000 Nos. and the people who settle there are Khasi, Jaintia, War, Garo, and few Nepali, Bengali, and the most spoken language is Khasi and Jaintia. The people who settle there are mostly Scheduled Tribe Community. Their main occupation is Government servants, Businessman, Self-employed jobs. Their sanitary & Hygiene condition is well-maintained. Their road construction is good. The water supply is provided by P.H.E department. There are 7 schools in the locality, 1 Higher Secondary School, 4 Secondary Schools, 1 Middle School, 1 Primary School. There is an Urban Health Centre located at the Lower Mawprem locality. The socio-economic and sanitary condition is good. The villagers are almost non-vegetarian and their stable diets are rice, meat and vegetables.

The Health Camp starts at 9.30 am at the Locality Community Hall with a word of welcome from the President of the Kynshewlang S.H.G and thereby a few words from the locality MLA Bah Paul Lyngdoh and MDC Bah Adell Nongrum and from the Headman and followed by an Introduction about NEIAH and Ayurvedic and Homoeopathic treatments and there by health check up started. Our institute provides free consultation, medicines and distribution of leaflets among the gathering peoples. The total no. of patients were treated on that camp were 172.

D. Health Camp at HQ CE (P) SETUK: The health check up was held at HQ CE (P) SETUK on 30th.September.2011 and is located about 7.5 K.m away from the Institute City Centre OPD. The total population of the HQ is approx. 324 nos. Their Hygiene & Sanitary condition is

Satisfactory. Their dietary habits is Mixed diet. Their water supply is from bore well. The most prevalent Diseases is Viral illness and Malaria. The total no. of patient treated were 70.



Medical & Health Camps

2. Report on National seminar on the value of “Rasayana Drugs along with single Drug Therapy as an Immunomodulator”

North Eastern Institute of Ayurveda & Homoeopathy Shillong, an Autonomous Institute under Dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India organized a national seminar on the value of “Rasayana Drugs along with single Drug Therapy as an Immunomodulator” sponsored by National Medicinal Plant Board, New Delhi. The objective of Seminar was to develop the AYUSH system of medicines particularly in Homoeopathy and Ayurvedic in North Eastern region. The two day seminar organized at NEHU Campus of Shillong

was inaugurated, by Shri P P Shrivastav Hon'ble Member Secretary, NEC who was the chief guest of the event. He was accompanied by his lady wife Smt. Usha Shrivastav. Other dignitaries present during the inaugural session of the seminar were Dr. P. Bhattacharjya, HOD, Anaesthesia Deptt. NEIGRIHMS and Dr. A. Phukan, Medical Superintendent and HOD, Deptt. of Micro-Biology, NEIGRIHMS, Shillong.

Prof. S. P. Bhattacharjee, Director, National Institute of Ayurveda & Homoeopathy welcomed the Chief Guest, other Dignitaries and participants.

Dr. A. Phukan addressed the seminar as Guest of Honour and enlightened the audience with the importance of reviving our traditional system of medicines to ensure good health of the society. He discussed the importance of immunomodulator derived from herbal medicines.

Dr. P Bhattacharya, Appointed Speaker during his lecture laid stress on the benefits of using traditional herbal medicines used in Ayurveda and homoeopathy for treatment of patients who are critically or seriously ill and need to regulate their immuno system for their recovery.

Shri P P Shrivastav delivered the inaugural address during which he expressed his considered views about health care system required by the people. He stressed that our approach should be patient friendly and we should not hesitate to pick up all good things from various available systems and provide to the patients for their benefit and welfare.. He said that we need to integrate best of everything to provide desired results. He brought out that we have a very rich cultural heritage and traditional system of herbal medicines which should be revived and further strengthen for taking our country forward and achieve full freedom in all respects.

The inaugural session concluded with a vote of thanks delivered by Mr. M K Razdan, Consultant (Administration/ Accounts) where he extended sincere gratitude to the Chief Guest, Guests of Honour and all the dignitaries for attending the inaugural ceremony .He thanked the delegates attending the National Seminar from different States for Choosing to attend the Seminar and taking pains for travelling from their respective states. The organizers also expressed their sincere thanks to other dignitaries, guests, media persons and participants.

96 participants from different parts of India attended the two days Seminar wherein Lectures were delivered and presentations made by Able Resource Persons drawn from various concerned areas of specialization from Delhi, Kolkata, Guwahati and Institutes of Meghalaya. The Seminar was fruitful and all the participants were highly satisfied and greatly benefited.

On 21st March"2012 at 4:00 pm, the valedictory session of the National Seminar was conducted by distributing certificates of participation and a memento to all the participants as a

remembrance of the National Seminar by the Director of NEIAH. Before the conclusion of the National Seminar, a few participants also expressed their experience and the knowledge they have gained through this National Seminar.

The programme concluded with light refreshment and a photo session.

**Programme schedule of National seminar on the value of “Rasayana Drugs along with single Drug Therapy as an Immunomodulator”
20th March’2012 (Tuesday)**

9.40AM- 11.00AM	Inaugural function	
11.00AM- 11.30AM	Refreshment	
Time	Topic	Resource person
11.30AM- 12.30PM	General Principles of immunology	Dr. Suparna Chatterjee, MD Associate Professor, Dept. of Pharmacology, IPGMER, 244 B AJC Bose Road, Kolkata 700020,Telefax: 033-22234135
12.30PM-1.30AM	Rationale for Immunomodulation in patient care – Role for plant products	Dr. Prithwis Bhattacharyya Prof & Head, Dept. of Anesthesiology, NEIGRIHMS,
1.30PM-2.30PM	Lunch Break	
2.30PM-3.30PM	Immunotherapy bioconstituents for Geriatric care derived from <i>Bacopa monnieri</i> , <i>Asparagus racemosus</i> and <i>Tinospora cordifolia</i>	Dr. Suvakanta Dash, Principal, Girijananda Chowdhury Institute of Pharmaceutical Science Azara, Hathkhowapara, Guwahati, Assam, www.gips-guwahati.ac.in
3.30PM-4.00PM	Tea Break	
4.00PM-5.00pm	Immunomodulatory effects of the Indian medicinal plants	Dr. Suparna Chatterjee, MD Associate Professor, Dept. of Pharmacology IPGMER, 244 B AJC Bose Road, Kolkata 700020, INDIA

21st March’2012(Wednesday)

Time	Topic	Resource person
9.00AM- 10.00AM	Breakfast	
10.00AM- 11.00AM	Homoeopathic perspective of the preparation, symptomatology and therapeutic utility of <i>Bacopa monnieri</i> (Brahmi), <i>Tinospora cordifolia</i> (Guduchi) and <i>Asparagus officinalis</i>	Dr. George Mathew Medical Officer (Teaching) NHMC & H New Delhi
11.00AM- 12.00Noon	Antitumor activity of the methanolic extract of roots of <i>Potentilla fulgens</i> in	Dr. A. Chatterjee FNA Sc. Professor, Deptt. of Biotechnology

	mammalian breast-cancer cells	NEHU, Shillong
12.00Noon-1.00PM	Scope of use of herbal remedies in Veterinary practice	Dr. Pritam Mohan, CV Sc. Associate Professor, AAU, Guwahati
1.00PM- 2.00PM	Lunch Break	
2.00PM- 3.00PM	Rasayana Therapy in Ayurveda w.s.r. to Bramhi, Guduchi & Shatavari	Prof. (Dr.) S.P. Bhattacharjee Director, NEIAH, Shillong
3.00PM- 4.00PM	Cultivation, conservation, propagation and marketing of Bacopa monnieri (Bramhi), Asparagus racemosus (Satavari) and Tinospora cordifolia (Guduchi)"	K P Mohapatra Senior Scientist (Forestry) Division of Agroforestry I C A R Research Complex for NEH Region, Barapani, Ribhoi, Meghalaya,
4.00PM- 4.30PM	Valedictory	
4.30PM- 5.00PM	Tea	



Inauguration of the National Seminar



Guest & Participants of National Seminar

Photo Gallery

Redesign Model Plan Phase-I of NEIAH, Shillong



Panaromic view of NEIAH, Shillong Phase - I



Angular view of the Model of Phase I NEIAH, Shillong



Angular view of the Model of Phase I NEIAH, Shillong



Director AYUSH, Director NEIFM, Pasighat, Director NEIAH reviewing the construction of NEIAH (16.3.12)



Guest of 1st Foundation Day Celebration



Lighting of lamp in 1st Foundation Day Celebration



Hindi day celebration' 2012



OPD City Centre, NEIAH at Nongrim Hills, Shillong